

Adventures for Boys & Girls 1st Grade....We call them Tigers!



Tiger Adventure: Games Tigers Play

Complete Requirements 1 and 2 plus at least two others.

1. Do the following:
 - A. Play two initiative or team-building games with your family.
 - B. Listen carefully to your parent, or guardian while the rules are being explained, and follow directions when playing.
 - C. At the end of the game, talk with your parent, or guardian about what you learned when you played the game. Tell how you helped the family by playing your part.
2. Talk with your family about why good nutrition helps you to be strong and active. Make a nutritious snack. Share why you picked it and what makes it a good snack choice.
3. Make a game with the members of your family and play it with family members. After playing the game, talk with your parent or guardian about the experience.
4. Make up a new game and play it with your family. Then talk with the family about the experience.
5. Do the following:
 - A. Watch a recorded sporting event with a family member.
 - B. Find out more about the sport and share what you have learned with your family member before or after the event.



Tiger Adventure: My Tiger Jungle

Complete Requirement 1 plus at least two others.

1. With your parent, guardian, go for a walk in your yard, and pick out two or more sights or sounds of "nature" around you. Discuss with your partner.
2. Take a 1-foot hike. Make a list of the living things you find on your 1-foot hike. Discuss these plants or animals with your parent, guardian, or other caring adult.
3. Point out two different kinds of birds that live in your area. With your parent, or guardian, find out more about one of these birds.
4. Be helpful to nature by planting or replanting a plant, shrub, or tree. Learn more about the needs and growth of the item you have planted.
5. Build and hang a birdhouse.



Tiger Adventure: Team Tiger

Complete requirements 1 and 2 plus at least two others.

1. With your parent, guardian, or other caring adult, talk about what it means to be part of a team. List some of the teams you are on (Den, Pack, family, class, etc.), and explain how you can help each one.
2. With your family, talk about your Cub Scout, or school classroom team. Then make a chart showing all the different ways team members can help the Pack or School. Volunteer to take your turn doing at least two different jobs, one of which is leading the Pledge of Allegiance
3. With your family, talk about how family members each have a role in the family team. Then pick a job that you will do to help the team. Follow through by doing that job at least three times during the next three weeks.

4. With your family, participate as a team in a service project that helps our country or your community. Examples include writing to veterans or those in nursing homes, donating extra food for the food pantry,
5. With your family, make a chart or picture showing how you and your teammates make a better team because you are alike in some ways but different in others.



Tiger Adventure: Tiger Bites

Complete requirements 1 and 2 plus at least two others.

1. With your parent, guardian, or other caring adult, find out about good food choices and not-so-good choices. Identify three foods that you think would be good choices and three foods that would not be good choices.
2. Explain the importance of hand washing before a meal and cleanup after a meal. Then show how you would do each.
3. Show that you know the difference between a fruit and a vegetable. Eat one of each.
4. With your parent, guardian, or other caring adult, pick a job to help your family at mealtime. Do it for at least four meals.
5. Talk with your parent, guardian, or other caring adult about what foods you can eat with your fingers. Practice your manners when eating them.
6. With your parent, guardian, or other caring adult, plan and make a good snack choice or other nutritious food to share with your family.



Tiger Adventure: Tiger Circles: Duty to God

Complete requirement 1 plus at least two others.

1. Discuss with your parent, guardian, or other caring adult what it means to do your duty to God. Tell how you do your duty to God in your daily life.
2. With a family member, discuss how your family expresses reverence for God.
3. If possible, Earn the religious emblem of your faith that is appropriate for your age or grade.
4. Help with a family service project and talk with your family about how helping others is part of our duty to God.
5. With the approval of your parent/guardian, or other caring adult, think of and then carry out an act of kindness or respect that you think shows duty to God.



Tiger Adventure: Tigers in the Wild

Complete Requirements 1-3 plus at least one other.

1. With your parent, guardian, or other caring adult, name and collect the Cub Scout Six Essentials you need for a hike. Tell your den leader what you would need to add to your list to prepare for rain.
2. Prepare for a short hike with your family and show how you would carry your own gear. Show you know how to get ready for this hike.
3. Do the following:
 - A. Listen while your parent or guardian reads the Outdoor Code. Talk about how you can be clean in your outdoor manners.
 - B. Listen while your Parent or Guardian reads the Leave No Trace Principles for Kids. Discuss why you should "Trash Your Trash."
 - C. Plan to apply the Outdoor Code and Leave No Trace Principles for Kids on a future Tiger Den and Pack outings.

4. Find online three different kinds of plants, animals, or signs that animals have been on a trail where you would like to hike.
5. Participate in an outdoor or indoor family campout in your backyard, basement, or living room.
6. At your family campout, sing a song and act out a skit with a family member as part of the program.
7. Find two different trees and two different types of plants online that grow in your area. Write their names.
8. Online, learn more about two animals, and write down two interesting things about them in your workbook.